|  |  |
| --- | --- |
| MY MENUI eat \_\_\_\_\_\_\_\_\_\_\_\_\_ for breakfast.I eat \_\_\_\_\_\_\_\_\_\_\_\_\_ for lunch.I eat \_\_\_\_\_\_\_\_\_\_\_\_\_ for dinner.FOOD ALLERGIESI can eat \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.I cannot eat \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. |  |
| HEALTHY HABITSI have a shower \_\_\_\_\_\_\_\_\_\_\_\_\_.I brush my teeth \_\_\_\_\_\_ times a day.I wash my hands \_\_\_\_\_ times a day.I go to bed at \_\_\_\_. I wake up at \_\_\_\_\_.I sleep \_\_\_\_\_\_\_\_ hours. | FREE TIMEI play \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.In my free time I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. |