

UNIT 3. A TRIP AROUND THE HUMAN BODY.

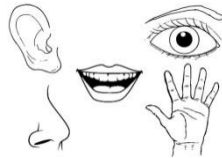
VITAL FUNCTIONS

There are three vital functions: nutrition, interaction and reproduction.

Nutrition: we get energy from food.



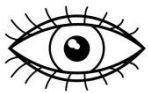
Interaction: we get information through our senses .



Reproduction: We have children when we are adults.



THE 5 SENSES



1.- Sight : I can see colours with my eyes.

2.- Taste: I can taste food with my mouth.



3.- Hearing: I can hear music with my ears.

4.- Smell: I can smell flowers with my nose.



5.- Touch: I can feel objects with my hands.

ACTIVITIES:

1. Look and write the vital functions

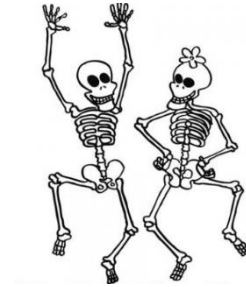


THE LOCOMOTOR SYSTEM

The locomotor system makes the body move.

The locomotor system has got bones and muscles.

Skeletal system has got

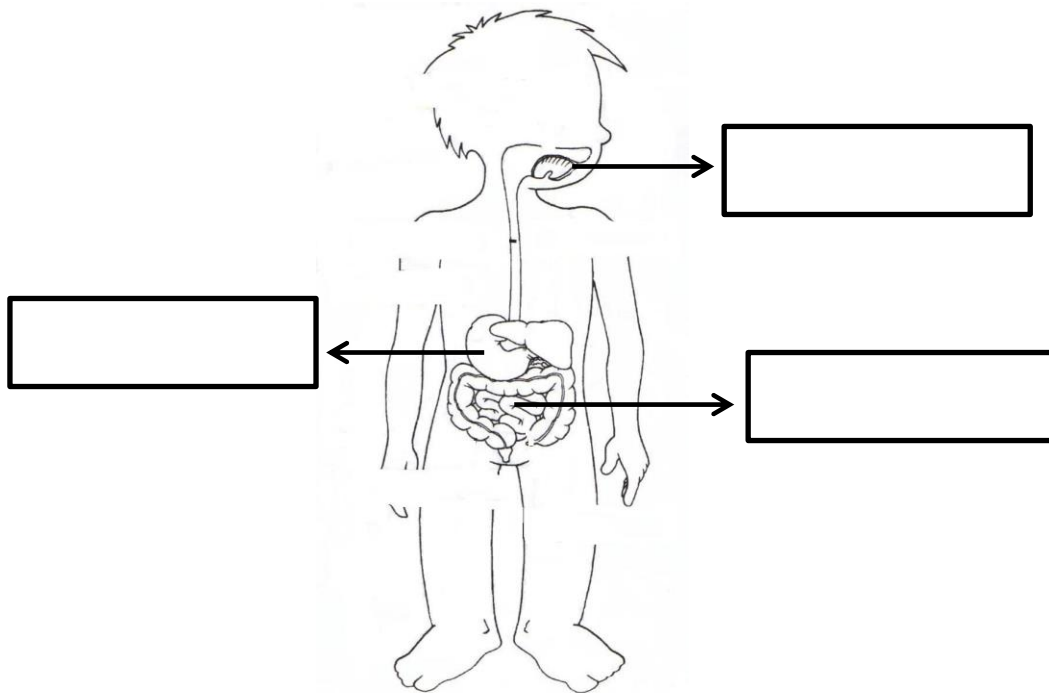


bones.

Muscular system has got muscles.

THE DIGESTIVE SYSTEM

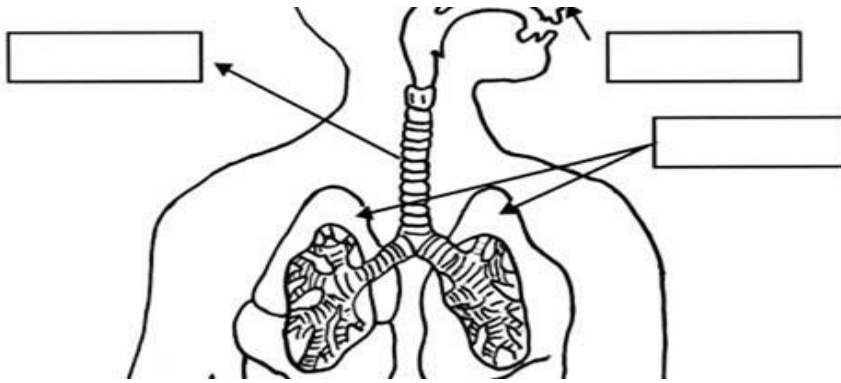
The digestive system obtains nutrients from food.



RESPIRATORY SYSTEM

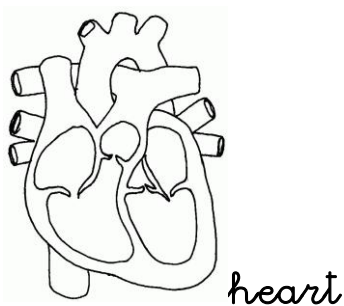
The respiratory system obtains oxygen. We breath air.

Organs: nose, lungs



CIRCULATORY SYSTEM

The circulatory system transports food and oxygen around the body through the blood.



ACTIVITY.

1.- Read and write the system.

*It gives us the oxygen

*It transports food and oxygen around the body.....

*It obtains nutrients from food.....

HEALTHY HABITS

Eating healthy food: fruit, vegetables, meat, fish , cereals

Doing exercise and sports.

Sleeping.

Washing your body everyday.

ACTIVITY

1.- Answer the questions:

1. What's your favourite food? My f.....

.....

2. Do you exercise everyday?

.....

3. Do you have a shower everyday?

.....

2.- Look and colour Green healthy food.

