

HOUSEHOLD CHORES

1. What are household chores?

2. Can you list some examples of daily/weekly chores?

Daily/Weekly Chores

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3. What can you see? Discuss in pairs about the pictures:



Are some of these pictures familiar to you? According to your opinion, which pictures represent equality?

4. Who usually does household chores at home? Do you collaborate or don't? Are there some household chores for women or men? Why?

5. Imagine you and your flatmate are in charge of organising the daily chores at home. Could you create a timetable? Who does each chore? Do this activity with a partner. You have to reach an agreement.

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------|--------|---------|-----------|----------|--------|----------|--------|
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6. Was it very difficult to reach an agreement? Why did you decide that? Do you agree? Would you change something?

7. Read this article. After reading this article, what is your opinion? Do you agree? Why? Why not? Is there equality in household chores? What can we do to change this situation? Discuss in pairs.



Getty Images/iStockphoto

WOMEN STILL DO MAJORITY OF HOUSEHOLD CHORES, STUDY FINDS

'Gender equality in divisions of work is rare and gender norms remain strong'

- [Sabrina Barr](#). Friday 26 July 2019 09:10
Women are still doing the majority of [housework](#) when living with a male partner, a new study has found.

According to the analysis conducted by University College London ([UCL](#)) and published in the journal **WORK, EMPLOYMENT AND SOCIETY**, "gender norms remain strong" when it comes to household chores.

The researchers assessed data from more than 8,500 heterosexual couples who were interviewed for the UK Household Longitudinal Study between 2010 and 2011. They discovered that women do approximately 16 hours of household chores every week, while men do closer to six. Furthermore, women did the bulk of the domestic duties in 93 per cent of the couples analysed for the study.

Households with woman as sole earner poorer in US and western Europe

When both individuals in the couples were in full-time employment, women were found to be five times more likely than men to spend at least 20 hours a week doing household chores. The couples assessed for the study were split into eight separate groups depending on their professions. These groups included couples who were both earning, couples where the men were the predominant earners and women did the majority of the housework, and more.

The authors of the study stated that two of the groups in particular could be considered "the most egalitarian" – the "female-earner group", which consisted of six per cent of the couples, and the "male domestic long hours" group, the one-per-cent of couples in which men spent long hours doing housework.

"The female-earner group was the only group in which men's contribution to the housework was similar to that of their partners, and this group had the highest proportion of women with educational qualifications higher than those of their partners," the researchers wrote. While the men in the "male domestic long hours" group spent an average of 20 hours a week doing housework, just under two thirds of the women with whom the men were partnered still also did housework.

The researchers concluded that their study suggests that "gender equality in divisions of work" among modern couples in the UK is "rare", adding that

"gender norms remain strong". Professor Anne McMumm, lead researcher on the study, [stated](#): "Changing attitudes around gender norms is one avenue for encouraging change in this area."

According to a [study](#) published in December, men who have school-age daughters are less likely to hold sexist views.

The research, which was conducted by a team at the London School of Economics, explored how men's attitudes towards gender stereotypes evolve when raising a daughter through primary and secondary school education.

The authors of the study concluded that men become more aware of the challenges girls may experience as they grow up when they have daughters, a consequence which they describe as the "mighty girl" effect.

"They experience first-hand all the issues that [exist] in a female world and then that basically moderates their attitudes towards gender norms and they become closer to seeing the full picture from the female perspective," [said](#) Dr Joan Costa-i-Font, co-author of the study.

Source:<https://www.independent.co.uk/life-style/women-men-household-chores-domestic-house-gender-norms-a9021586.html>

8. Design a post for Instagram using *Canva* about equality in household chores digitally or you can draw it. Then, you will present to the rest of your classmates and we will discuss about it. You can do it in groups of 4.



9. If you are still interested in this topic, I recommend you to read this article about *those kids who do chore are more successful adults*. Then, discuss in pairs or with the rest of the class and share your opinion.

Source:<https://www.inc.com/bill-murphy-jr/kids-who-do-chores-are-more-successful-adults-according-to-science.html>