

OUR ROLE

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Our Role

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INTRODUCTION

Eating is an agricultural act.
Each of us decides how we want to eat,
what foods to buy and whom to buy them
Slow food is an association
eco-gastronomic without profit born in 1986.



SLOW FOOD

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Claims "food as pleasure, awareness and responsibility." It defends that food must be:

- GOOD
- CLEAN
- FAIR

Slow food tries to change the way we currently produce, distribute and consume our food. It has more than 100,000 members organized in 1,300 local convivia in 160 countries.



TERRA MADRE

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Terra madre is a project created to support the local small and sustainable economy.

There are Food producers from 160 different countries, united in 2000 food communities 1,000 cooks, 450 academics and 1,000 young people. They have a biannual appointment in Turin.



ARK OF TASTE

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It is a slow food program to collect small-scale quality productions of foods that belong to the culture, history and traditions of the entire planet and might be in danger of extinction. The Ark was created to point out the existence of these products and invite everyone to take action to help and protect them. You can nominate an endangered product! (visit www.slowfoodsevillaysur.es)



Conclusions

Slow food is the best way to be healthy and strong. Fast food isn't healthy so we must eat in slow restaurants and buy local food.



Sources of Information

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To have more information
visit:

- slowfoodsevillaysur.es




Slow Food' SevillaySur



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End!