

# Consumers = co-producers

The association slow food defends that eating is an agricultural act. Each of us decides how we want to eat, what foods to buy and whom to buy. That makes us co-producers.



## Sources:

- <https://slowfood.es/proyectos/>
- <http://www.fondazioneslowfood.com/en/what-we-do/10-000-gardens-in-africa/>
- Guía slow food:  
<https://slowfood.es/biblioteca/guia-slow-food/>
- Presentación ponente Francisco González, presidente Slow Food Sevilaysur



Proyecto etwinning  
de Aprendizaje-  
Servicio

Alumnado de 2ºESO IES  
ÍTACA (Tomares-Sevilla) y de  
3 media de la Scuola  
Secondaria Galileo Galilei  
(Cecina/Palazzi-Livorno,  
Italia)



# WE ARE WHAT WE EAT

## OUR ROLE



IES ÍTACA-Scuola Galileo Galilei



# SLOW FOOD

Slow food is an international organization that claims "food as pleasure, awareness and responsibility."

It tries to change the way we currently produce, distribute and consume our food. It has more than 100,000 members organized in 1,300 local convivia in 160 countries.

It defends that food must be **good**, **clean** and **fair**.

- **Good** for the ones who consume them, the ones who produce them and the environment.
- **Clean** because in the agro-industrial chain biodiversity and sustainability have been preserved.
- **Fair** because the conditions of work and income of producers, with short distribution chains, are respected.



# ARK OF TASTE

Ark of taste is a slow food program to collect small-scale quality productions of foods that belong to the culture, history and traditions of the entire planet and might be in danger of extinction.

The Ark was created to point out the existence of these products and invite everyone to take action to help protect them.

**You can also nominate an endangered product!**



# Terra Madre

Terra madre is a project created to support the local small and sustainable economy.

There are food producers from 160 different countries, united in 2.000 food communities 1,000 cooks, 450 academics and 1,000 young people. They have a biannual appointment in Turin.

